

Birding Tour in Ladakh 6N/7D

Overview

These six nights and seven days tour is focused upon exploring the enchanting landscape and unique birdlife of Ladakh. The journey will kickstart in Leh followed by two nights stay in Tso Kar and one night stay in Tso Moriri. During the trip, you will come across some many endangered and endemic species of Ladakh including Black-necked Crane, Tibetan Snowcock, Ibisbill, and Chukar. Led by a knowledgeable guide and ground handler, we will make sure you are laden with a great photo album and left with lasting experiences.

Day 01 Arrive at Leh

Arrive in Leh. You will be met by our representative. Transfer to the hotel. Birding in Leh, and the outskirts, itself can be highly productive, and the hotel environs themselves will showcase many of the common birds of the area, including House Sparrow, Western Yellow Wagtail (S), Tickell's Leaf Warbler (M), Sulphur-bellied Warbler (M), Common Chiffchaff (S+M), Mountain Chiffchaff (S+M), Barn Swallow (R), Red-rumped Swallow (S+M), Common House Martin (S), Black Redstart (R), Large-billed Crow (R), and some raptors. Overnight stay.

Day 02 Birding around Leh

Today, your guide will take you for a birdwatching session around Leh. We will have ample opportunities for birding, as well as visiting some sites around Leh. You will return to the hotel with a lovely photo album. Overnight stay

Key Species: Water Rail (W), Corn Crake (W), Spotted Crake (W), Baillon's Crake (W), Great Bittern (W+S), Little Bittern (M), Solitary Snipe (S+W), Upland Buzzard (R), Pine Bunting (W) and Reed Bunting (W)

Day 03 Leh to Tso Kar

Today, you will travel to Tso Kar (153 km / 4 hr.). Reach Tso Kar. Check into Homestay. Later, go birdwatching with your guide. Return to the Home stay in the evening. Overnight stay.

Key Species: Plateau Pika, Ladakh Pika, Woolly Hare, Little Owl (R), Red-necked Phalarope (M), Himalayan Snowcock (R), Tibetan Snowcock (R), Black-necked Crane (S), Ibisbill (R), Brandt's Mountain Finch (R), Great Rosefinch (R).

Day 04 Tso Kar

Spend the full day today birdwatching at the Tso Kar area. Overnight stay.

Key species: Blue Sheep, Tibetan Gazelle, Kiang, Eurasian Magpie (R), Ground Tit (R), Eversmann's Redstart (W), White-crowned Penduline Tit (W), Horned Lark (R), Red-throated Pipit (S)

Day 05 Tso Kar to Tso Moriri (Day Trip)

Today, proceed to Tso Moriri (88 km / 3.5 hr.) for bird watching and photography. Return to Tso Kar in the evening. Overnight stay

Key species: Bar-headed Goose (W), Greylag Goose (S+W), Red-crested Pochard (R), Northern Pintail (R), Little Gull (W), Upland Buzzard (R), Golden Eagle (R), Saker Falcon (R), Eurasian Bittern (W), Lesser Grey Shrike (M), Eurasian Jackdaw (R), White-throated Dipper (R), Song Thrush (W), Spotted Flycatcher (M+W), Eversmann's Redstart (W)

Day 06 Tso Kar to Leh

Today, you will leave the lakes and travel back to Leh (153 km / 4 hr.). We shall be stopping en route for bird watching and photography. The landscape is breathtaking as you cross the high mountain passes. Overnight stay.

Key species: Chukar Partridge (R), Alpine Chough (R), Tibetan Sandgrouse (R), Little Owl (R), Black-necked Crane (S+M)

Day 07 Leh to Delhi

You will be driven to Leh airport for your onward journey.

Tour Ends

Tour Cost per person in INR

1 Pax	2 Pax	3 Pax	4 Pax	5 Pax	6 Pax	7 Pax	8 Pax
112133	62956	56029	43785	45569	39149	39581	36430

Single Supplementary - Rs 14400 per person

Above Cost Includes:

- Accommodation on Twin Sharing basis with all meals and heating facility
- All meals in Homestays, Guest House and Lodge as mentioned below.
- All transportation by Innova, Scorpio & Tempo Traveler
- Nature Guide services throughout the tour in Ladakh
- Spotting Scope and Binocular
- National Park entrance fees
- Spotting Scope during the trek.
- Goods and services Tax

What is not included in the above cost?

- Flight tickets from Delhi-Leh-Delhi
- Sleeping Bags, trekking shoes and clothing.
- Any Kind of Personal Expenses, Personal binocular or Optional Tours / Extra Meals Ordered
- Anything not specifically mentioned under the head “Prices Included”.
- Tips, Insurance, Laundry, Phone Calls.
- Any Kind of Drinks (Alcoholic, Mineral, Aerated)
- Cost incidental to any change in the itinerary/ stay on account of flight cancellation due to bad weather, ill health, roadblocks and/or any factors beyond control.

Terms & Conditions:

- Prices valid from 01 January 2025 to 31 March 2025.
- 10% cancellation charges if the trekking is cancelled within 30 days before the tour.
- 20% cancellation charges if the tour and trek is cancelled within one week before the tour.
- No refund if the trek or tour is cancelled after starting or in the middle of the trek or tour.

Dos and Don'ts

- On arrival please rest for 24 hrs, as you are traveling to high Altitude from Low, due to low oxygen.
- Have plenty of drinking water or any kind of liquid (except alcohol)
- Please cooperate with the localities, porters, guide, cook and driver as they are more helpful during the trek.
- Transits between two destinations depend upon weather and road conditions.
- Ladakh is a polythene-free region; make sure not to use any polythene when not necessary.
- Do not contaminate the area by not disposing the waste properly.
- Leave your denims behind – these are ill suited for treks. Snacks, colas, alcohol and personal food – No need to overburden yourself with food
- Don't get any equipment. We would carry Alpine tents and other equipment required for such treks.
- Medicines of all kinds are usually available in local pharmacies with no prescription necessary. Check expiration dates.

Things you must carry:

- Clothing (Heavy Warm Feather Jacket, Warm philes jacket, woolen and windproof gloves, Warm hat, woolen Socks, Warm Windproof Trouser, Sweaters etc.)
- Trekking shoes (Water proof).
- Sun glass with UV Protection
- Torch with extra batteries.
- Sun Screen lotion and cold cream.
- Sleeping bag for – 25.
- Light towel (should be thin, quick drying kind).
- Chapstick or lip balm
- Water bottles. The insulated water bottles are good but even normal water bottles will suffice.
- Camera, memory-cards, batteries etc. (carry enough spare batteries. Electricity is not available on the slopes)
- Personal toiletries/windcheater/Tissue rolls.
- If available then a Pair of walking sticks.
- An identification card (like Passport, driving license, voters ID card etc.), along with a photocopy.

Medicines:

- Avomine-Vomiting
- D cold-Illness/combiflam-Body ache
- Vicks balm
- Diamox (250mg) – for high altitude/high pressure.
- Saridon - Headache.
- Personal Medicines.
- Glucon D/ Electral powder and camphor.
- Also consult your local doctor for any other medicines.

Avoid Acute Mountain Sickness

Acute mountain sickness can occur to anyone at an altitude above 10,000 feet from the sea level. The most common symptoms of the acute mountain sickness are headache disturbed sleep, loss of appetite, nausea, coughing, irregular breathing, breathlessness, lassitude and lack of concentration, Since Leh town is situated at an attitude of 11,500ft. above sea level, it is advisable to take the following precaution, so as to acclimatise your body properly.