

Snow Leopard Trek in Ladakh 2024-25

07 Night / 8 Days

Overview

Snow leopard trek with homestay will give you an opportunity to get better and closer glimpses of the village lifestyle by spending your night at the homestay. This trek is inclusive of transportation, guide, ponies and homestay charges. Snow leopards are native to the mountain ranges of [Central](#) and [South Asia](#) therefore making Ladakh one of their habitation regions. Like any other state of India, UT Ladakh has chosen Snow Leopard as its state animal. They belong to the Feline family and thus lurk among the shadows during the day and during the night they are almost like a ghost. In Ladakh they are known as the “Ghost of the Himalayas”. Since the snow leopard lives at great heights, they are mostly visible during the peak season of winter months as they descend towards lower grounds during this time.

On the first day of your arrival you shall take a full day rest to adjust with the changing weather and elevation. Not only will you chase the sight of snow leopard and its prey, you will also explore the places in and around Leh.

Itinerary @ Glance

Day	Location/Route	Overnight	Hotel/Camp
01	Arrive Ule. Complete rest day to acclimatize your body.	Ule	Shapo Lodge
02	Wildlife Viewing	Ule	Shapo Lodge
03	Wildlife Viewing	Ule	Shapo Lodge
04	Wildlife Viewing	Ule	Village Homestay
05	Ule – Zinchen - Rumbak	Rumbak	Village Homestay
06	Wildlife Viewing	Rumbak	Village Homestay
07	Rumbak to Leh	Leh	Pangong Hotel & Similar
08	Leh to Delhi		

Detailed Itinerary:

Day 01 : Delhi to Leh to Ule

Arrival at Leh airport and transferred to the Sham Valley pass through villages of Sham Valley set along the Indus River. Complete rest day to acclimatize your body to the difference in altitude. O/N : Sham

Day 02: Wildlife Viewing

Proceed for a full day of tracking Snow Leopard in around Sham Valley i.e Mangu, Hemis Shukpachan, Ule, Saspotse Villages and Rezone Valley. Overnight in Shapo Lodge. .

Day 03: Wildlife Viewing

Proceed for a full day of tracking Snow Leopard in around Sham Valley i.e Mangu, Hemis Shukpachan, Ule, Saspotse Villages and Rezone Valley. Overnight in Shapo Lodge. .

Day 04: Wildlife Viewing

Proceed for a full day of tracking Snow Leopard in around Sham Valley i.e Mangu, Hemis Shukpachan, Ule, Saspotse Villages and Rezone Valley. Overnight in Shapo Lodge. .

Day 05: Ule to Rumbak 3hrs

After breakfast drive to Rumbak and on the enroute one can see signs of snow leopard along the bottom of the side valleys if you are trekking during winter or early spring/fall. You will reach Rumbak by the evening. Spend your night at a cozy homestay at Rumbak, there you will get the opportunity to know more and get closer glimpses of their livestock herding practices and winter pastimes activities such as (spinning, weaving and turning a tale).

Day 06: Wildlife Viewing

Proceed for a full day of tracking Snow Leopard and its wildlife prey. Hemis National Park is home to blue sheep, argali (a large horned sheep), numerous mountain and migratory birds, as well as an occasional Tibetan wolf. You are likely to see signs of Snow Leopard as winter is the time that they descend to lower elevations. If lucky, you'll actually see one perched high in the rocks or balanced on a near vertical ridge. Return to camp for some hot servings of tea and share tales of the day. Overnight stay at the same Homestay.

Day 07 : Rumbak to Zingchen to Leh 5 hrs

Bid your farewell to your hosts and hike down the valley past familiar Snow Leopard haunts and piles of carved Tibetan prayer stones to the road head at Zingchen; 5 hrs. Drive to Leh, and check into your hotel. Enjoy your last night at the hotel.

Day 08 : Leh to Delhi

Early in the morning you'll be dropped at the Bakula Rinpoche airport of Leh, from there you'll catch your flight back to Delhi with Sweet Memories of Ladakh.

Tour Ends

1 Pax	2 Pax	3 Pax	4 Pax	5 pax	6 Pax	Single Supplement
122060	74,354	66,330	64,728	61,840	53,518	19,200

Tour Cost per person in INR

Above Cost Includes:

- Accommodation on Twin Sharing basis with all meals and heating facility
- All meals in Homestays, Guest House and Lodge.
- All transportation by Innova, Scorpio & Tempo Traveler
- Nature Guide services throughout the tour in Ladakh
- Spotters throughout the tour.
- National Park entrance fees
- Homestay charges and village environmental Fees.
- LAHDC Environmental Fees.
- Spotting Scope and walkie-talkie during the trek.

What is not included in the above cost?

- Flight tickets from Delhi-Leh-Delhi
- Snow Leopard Foundation Fees if applicable.
- Sleeping Bags, trekking shoes and clothing.
- Any Kind of Personal Expenses, Personal binocular or Optional Tours / Extra Meals Ordered
- Anything not specifically mentioned under the head "Prices Included".
- Tips, Insurance, Laundry, Phone Calls.
- Any Kind of Drinks (Alcoholic, Mineral, Aerated)
- Cost incidental to any change in the itinerary/ stay on account of flight cancellation due to bad weather, ill health, roadblocks and/or any factors beyond control.

Terms & Conditions:

- Prices valid from 01 January 2025 to 31 March 2025.
- 10% cancellation charges if the trekking is cancelled within 30 days before the tour.
- 20% cancellation charges if the tour and trek is cancelled within one week before the tour.
- No refund if the trek or tour is cancelled after starting or in the middle of the trek or tour.

Dos and Don'ts

- On arrival please rest for 24 hrs, as you are traveling to high Altitude from Low, due to low oxygen.
- Have plenty of drinking water or any kind of liquid (except alcohol)
- Please cooperate with the localities, porters, guide, cook and driver as they are more helpful during the trek.
- Transits between two destinations depend upon weather and road conditions.
- Ladakh is a polythene-free region; make sure not to use any polythene when not necessary.
- Do not contaminate the area by not disposing the waste properly.
- Leave your denims behind – these are ill suited for treks. Snacks, colas, alcohol and personal food – No need to overburden yourself with food
- Don't get any equipment. We would carry Alpine tents and other equipment required for such treks.
- Medicines of all kinds are usually available in local pharmacies with no prescription necessary. Check expiration dates.

Things you must carry:

- Clothing (Heavy Warm Feather Jacket, Warm philes jacket, woolen and windproof gloves, Warm hat, woolen Socks, Warm Windproof Trouser, Sweaters etc.)
- Trekking shoes (Water proof).
- Sun glass with UV Protection
- Torch with extra batteries.
- Sun Screen lotion and cold cream.
- Sleeping bag for – 25.
- Light towel (should be thin, quick drying kind).
- Chapstick or lip balm
- Water bottles. The insulated water bottles are good but even normal water bottles will suffice.
- Camera, memory-cards, batteries etc. (carry enough spare batteries. Electricity is not available on the slopes)
- Personal toiletries/windcheater/Tissue rolls.
- If available then a Pair of walking sticks.
- An identification card (like Passport, driving license, voters ID card etc.), along with a photocopy.

Medicines:

- Avomine-Vomiting
- D cold-Illness/combiflam-Body ache
- Vicks balm
- Diamox (250mg) – for high altitude/high pressure.
- Saridon - Headache.
- Personal Medicines.
- Glucon D/ Electral powder and camphor.
- Also consult your local doctor for any other medicines.

Avoid Acute Mountain Sickness

Acute mountain sickness can occur to anyone at an altitude above 10,000 feet from the sea level. The most common symptoms of the acute mountain sickness are headache disturbed sleep, loss of appetite, nausea, coughing, irregular breathing, breathlessness, lassitude and lack of concentration, Since Leh town is situated at an attitude of 11,500ft. above sea level, it is advisable to take the following precaution, so as to acclimatise your body properly.